

QUALIFIKATIONEN YVONNE HOBERG



AUS- UND WEITERBILDUNGEN

- **200 Stunden Yoga Teacher Training, Lotus Flow (TM)**, (Laughing Lotus New York), Ausbilder: Dana Trixie Flynn, Mary Dana Abbott, Kenny Frisby, Ali Cramer, Sheri Celentano, Felipe Gonzales
- **Yogatherapie & Alignment** (Laughing Lotus New York)
- **Ayurveda & Yoga for Women's Health** (Laughing Lotus New York)
- **Chakra Yoga** (Laughing Lotus New York)
- **Medical Yoga: Yoga meets Spiraldynamik** mit Christine Wolff (Lord Vishnus Couch)
- **YIN YOGA Summit 2020, Fasziensforschung**, (Lord Vishnus Couch)

NAMASTE.

Instagram: @glowing_mind_cgn

Spotify: @glow_music